

ARE YOU PREGNANT?

THE ROSE[Y] PROGRAM IS AN EVIDENCE-BASED PROGRAM THAT WILL TEACH YOU THE SKILLS FOR STRESS AND TIME MANAGEMENT.

If you think the ROSE Program will help you or want to learn more about the program call (914-922-2240 Ext 103 or 102) Email Bianca Zayas (ZayasB@lhvpn.net) or Cara Stanley (StanleyC@lhvpn.net)



OCT 22-23 10 AM to 4 PM

CLICK
HERE!

**January 20th -
February 10th**

**Wednesdays
3:00-4:30pm**

IT'S ABOUT
YOU!

